

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0:00	sleep	sleep	sleep	sleep	sleep	devotions	
0:30	sleep	sleep	sleep	sleep	sleep	sleep	shower
1:00	sleep	sleep	sleep	sleep	sleep	sleep	devotions
1:30	sleep	sleep	sleep	sleep	sleep	sleep	sleep
2:00	sleep	sleep	sleep	sleep	sleep	sleep	sleep
2:30	sleep	sleep	sleep	sleep	sleep	sleep	sleep
3:00	sleep	sleep	sleep	sleep	sleep	sleep	sleep
3:30	sleep	sleep	sleep	sleep	sleep	sleep	sleep
4:00	sleep	sleep	sleep	sleep	sleep	sleep	sleep
4:30	sleep	sleep	sleep	sleep	sleep	sleep	sleep
5:00	sleep	sleep	sleep	sleep	sleep	sleep	sleep
5:30	sleep	sleep	sleep	sleep	sleep	sleep	sleep
6:00	sleep	sleep	sleep	sleep	sleep	sleep	sleep
6:30	sleep	sleep	sleep	sleep	sleep	sleep	sleep
7:00	sleep	sleep	sleep	sleep	sleep	sleep	sleep
7:30	sleep	work	work	work	work	work	sleep
8:00	sleep	work	work	work	work	work	sleep
8:30	church	work	work	work	work	work	sleep
9:00	church	work	work	work	work	work	sleep
9:30	church	work	work	work	work	work	housework
10:00	church	work	work	work	work	work	housework
10:30	church	work	work	work	work	work	housework
11:00	church	work	work	work	work	work	housework
11:30	church	work	work	work	work	work	housework
12:00	lunch	work	work	work	work	work	housework
12:30		work	work	work	work	work	lunch
13:00		work	work	work	work	work	
13:30		work	work	work	work	work	
14:00		work	work	work	work	work	
14:30		work	work	work	work	work	
15:00		work	work	work	work	work	
15:30		work	work	work	work	work	
16:00		work	work	work	work	work	

16:30	work	work	work	work	work	
17:00	work	work	work	work	work	
17:30 dinner	dinner	dinner	dinner	dinner	dinner	dinner
18:00 dinner	dinner	dinner	dinner	dinner	dinner	dinner
18:30	family time	family time	church	scouts		
19:00	family time	family time	church	scouts	son's football game	
19:30	free time	finish projects	church	scouts	son's football game	
20:00	free time	finish projects		scouts	son's football game	
20:30	free time	finish projects			son's football game	
21:00	free time	finish projects			son's football game	
21:30 relax	relax	relax	relax	relax	son's football game	
22:00 relax	relax	relax	relax	relax	son's football game	
22:30 shower	shower	shower	shower	shower	relax	
23:00 devotions	devotions	devotions	devotions	devotions	relax	
23:30 sleep	sleep	sleep	sleep	sleep	shower	